

### 3/4 B.Tech. FIFTH SEMESTER

ME5L3

PERSONALITY DEVELOPMENT COURSE – I

Credits: 1

Lecture:- 2 periods/week

Internal assessment: 25marks

Practice: -

Semester end examination: 50 marks

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#### Objectives:

1. To introduce fundamentals of various aspects of personality traits.
2. To give them adequate exposure to the basic aspects which mould the personality.
3. To enable them to develop humble nature. To create in them the love for human values.

#### Learning outcomes:

At the end of course the students will be able to:

1. Leadership skills
2. Non verbal skills
3. Team culture
4. Managerial qualities communication skills

#### Pre- Requisite:

English

#### I Personality:

1. Grooming one's personality
2. Influence of heredity and environment on personality
3. Different personality types.

#### II Personality Development

1. Freudian Analysis
2. Vivekananda's concept

#### III Leadership Qualities

1. Communication skills
2. Attitude
3. Empathy

4. Adaptability
5. Conflict Resolution

#### **IV Soft skills in workplace**

1. Time management
2. Planning & organization
3. Parkinson's law
- 4 Team work
5. Assertiveness

#### **V Body Language**

1. Aggressiveness
2. Submissiveness
3. Attentiveness
4. Nervousness
- 5 Defensiveness
6. Handshake

#### **VI Group Discussion**

1. Steps to attain success in a G.D.
2. Do's and Don'ts in G.D.

### **Learning resources**

#### **Text book**

Personality development & soft skills, by Barun K.Mithra, Oxford

#### **Reference books:**

1. Personal & emotional competence, by V.Bhaskara Rao, "", B.S.P
2. Step by step, by Niruparani.K, Jayasree mohanraj, "", Pearson.